

**Proposed Scheme for Choice Based Credit System (CBCS) of B.A. (Honours) in
Indo-Tibetan Studies**

Semester	Core Course (14)	Ability Enhancement Compulsory Course (AECC) (2)	Skill Enhancement Elective Course (SEEC) (2) (Skill Based)	Elective: Discipline Specific DSE (4)	Elective: Generic (GE) (4)
I	CC-1 Tibetan Classical Grammar & Prose (Textual Study)	(English Communication/ MIL)/Environmental Science			GE-1 Introduction to Elementary Tibetan Grammar
	CC-2 Cultural History of Tibet (Early Spread of Buddhism in Tibet)				
II	CC-3 Indo-Tibetan Literature (Poetry)	Environmental Science / (English/ MIL Communication)			GE-2 Introduction to Intermediate Level Tibetan Grammar
	CC-4 Classical Tibetan Literature (Poetry)				
III	CC-5 Indo-Tibetan Philosophical Literature		SEEC – 1 Buddhist Ethics (Based on Indo-Tibetan Literature)		GE-3 Introduction to Tibetan Buddhist Culture
	CC-6 Tibetan Lhamo Opera				
	CC-7 Tibetan Classical Grammar (Textual Study)				
IV	CC-8 Cultural History of Tibet (Later Spread of Buddhism in Tibet)		SEEC– 2 Mind Training Text (Based on Tibetan Buddhism)		GE-4 Introduction to Buddhism
	CC-9 Indigenous Tibetan Literature (Poetry)				
	CC-10 Buddhist Logical Text (Textual Study)				
V	CC-11 Buddhist Ethics (Based on Indo-Tibetan Literature)			DSE-1 Indigenous Tibetan Literature (Poetry)	
	CC-12 Indo-Tibetan Avadāna Literature			DSE-2 Indo-Tibetan Poetry	
VI	CC-13 Indo-Tibetan Literature (Poetry)			DSE-3 Tibetan Lhamo Opera	

	CC-14 Indo-Tibetan Philosophical Literature			DSE-4 Lexicography & Thesaurus	
--	--	--	--	---	--

B.A. (HONS.) INDO-TIBETAN STUDIES
SEMESTER – I

CC-01: TIBETAN CLASSICAL GRAMMAR & PROSE (TEXTUAL STUDY)

Texts Recommended:

1. Yangchen Drubpay Dorje: Legs bshad ljon dbang
2. Dalai Lama: Ngos kyi yul dang ngos kyi mi mang [My Land and My People, Appendix-1 (up to Mahayana)]

Suggested Readings:

1. Noble Ross Reat: The Divine Tree: A Tibetan Mnemonic Grammar Poem, 1982
2. Das, Sarat Chandra: Introduction to the Grammar of Tibetan Language. Delhi, 2008 (1915)
3. Tsetan Chonjore & Andrea Abinanti: Colloquial Tibetan (A Textbook of the Lhasa Dialect)
4. His Holiness the XIV Dalai Lama: My Land and My People, Warner Books 1997

CC-02: CULTURAL HISTORY OF TIBET (EARLY SPREAD OF BUDDHISM IN TIBET)

Topic:

1. Bon and Nyingmapa Schools, Introduction on *zhang zhung*, Life & Works of Śāntarakṣita, Padmasambhava, Kamalaśīla & Vimālamitra

Texts Recommended:

1. Thu'u Kan Chökyi Nyima: Grub mtha' shel gyi me long
2. Bu-ston Rinchen Drub: History of Buddhism in India and Tibet

Suggested Readings:

- G.N.Roerich (Trans.), Deb ther sngon po (The Blue Annals). Delhi 1988 (Calcutta 1949)
- Snellgrove, David & Hugh Richardson: A Cultural History of Tibet. Boston 1986
- Obermiller, & E., Bu-ston. The History of Buddhism in India and Tibet, Delhi 2005
- Drangsong Namgyal: Bod rig pa'i zhib 'jug mkha' lding gshog zung (The Garuda Wings). Vajra Publication, Jyatha, Thamel 2009

GE-01: INTRODUCTION TO ELEMENTARY TIBETAN GRAMMAR

Texts Recommended:

1. Tsetan Chonjore & A. Abinanti: Colloquial Tibetan (A Textbook of the Lhasa Dialect)
2. Sarat Chandra Das: Introduction to the Grammar of Tibetan Language. Delhi, 1996

Suggested Readings:

1. Lama Choedak Rinpoche: A Text Book of Tibetan Language: Australia: Sakya Losal Choe Dzong

2. Nicolas Tournadre & Sangda Dorje: Manual of Standard Tibetan: Language and Civilization, Ithaca: Snow Lion Publications
3. Andrew Bloomfield and Yanki Tshering: Learning Practical Tibetan, Ithaca: Snow Lion Publications
4. William A. Magee & Elizabeth Napper: Fluent Tibetan: A Proficiency Oriented Learning System (Novice & Intermediate Levels)
5. Joe B. Wilson: Translating Buddhism from Tibetan, Ithaca: Snow Lion Publications

SEMESTER – II

CC-03: INDO-TIBETAN LITERATURE

Texts Recommended:

1. Nāgārjuna's Suhrlekkha (bShes springs) [Verse: 1-20]
2. Dhammapada (Chos kyi tshigs su bcaḍ pa) [Chap. I, Verse 1-15]

Suggested Readings:

1. Suhrlekkha of Nāgārjuna with the commentary of Jetsun Rendawa, CIHTS, Sarnath, Varanasi 1996
2. Nāgārjuna's Letter. LWTA, Dharamsala 1995
3. Dhammapada: The Dalai Lama Tibeto-Indological Studies Vol. IV, Sarnath: CIHTS 1982
4. The Dhammapada (Pali text & translation with stories in brief and notes) Taipei, Taiwan 1993

CC-04: CLASSICAL TIBETAN LITERATURE (POETRY)

Text Recommended:

1. gZhon nu drug gi rtogs brjod (Chap. I & II)

Suggested Readings:

1. gZhon nu drug gi rtogs brjod (Ṣatakumārāvādāna), Dharamsala: TCPP

GE-02: INTRODUCTION TO INTERMEDIATE LEVEL TIBETAN GRAMMAR

Texts Recommended:

1. Tsetan Chonjore & A. Abinanti: Colloquial Tibetan (A Textbook of the Lhasa Dialect)
2. Sarat Chandra Das: Introduction to the Grammar of the Tibetan Language. Delhi, 1996

Suggested Readings:

1. Lama Choedak: A Text Book of Tibetan Language, Australia: Sakya Losal Choe Dzong
2. N. Tournadre & S. Dorje: Manual of Standard Tibetan: Language and Civilization, Ithaca: Snow Lion Publications
3. Andrew Bloomfield and Yanki Tshering: Learning Practical Tibetan, Ithaca: Snow Lion Publications

4. William A. Magee & Elizabeth Napper: Fluent Tibetan: A Proficiency Oriented Learning System (Novice & Intermediate Levels)
5. Joe B. Wilson: Translating Buddhism from Tibetan, Ithaca: Snow Lion Publications

SEMESTER – III

CC-05: INDO-TIBETAN BUDDHIST LITERATURE

Text Recommended:

1. Bodhicaryāvatāra (Byang chub sems pa'i spyod pa la 'jug pa), Chapter II

Suggested Readings:

1. Thrangu Rinpoche: A Guide to the Bodhisattva's Way of Life of Śāntideva. Delhi, 2002
2. Tripathi, Ram Shankar: Bodhicaryāvatāra (in Hindi), Leh, 2002
3. Batchlelor, Stephen: A Guide to the Bodhisattva's Way of Life, LTWA: Dharamsala 1992

CC-06: TIBETAN LHAMO OPERA

Texts Recommended:

1. gZugs kyi nyi ma'i rnam thar

Suggested Readings:

1. gZugs kyi nyi ma'i rnam thar, Dharamsala: TCPPP
2. Shastri, V. Bhattachārya: Bhotaparakasha. Calcutta University, Kolkata

CC-07: TIBETAN CLASSICAL GRAMMAR (TEXTUAL STUDY)

Text Recommended:

1. Thumi Sambhota: Sum cu pa (Mūla Trimśa)]

Suggested Readings:

1. K. Anrup Lahuli (Translator): Bod kyi brda sprod slob deb (Tibetan and Hindi), Central University for Tibetan Studies, Sarnath, Varanasi 2010
2. Tshetan Zhab-drung: Sum rtags kyi bshad pa thon mi'i zhal lung. New Light Publication 1989

SEEC-01: BUDDHIST ETHICS (BASED ON INDO-TIBETAN LITERATURE)

Texts Recommended:

1. Bodhicaryāvatāra (Byang chub sems pa'i spyod pa la 'jug pa), Chapter I
2. Cānakya nīti sāstra (Ca na ka'i lugs kyi bstan bcos) Chapter I

Suggested Readings:

1. Batchlelor, Stephen: A Guide to the Bodhisattva's Way of Life, LTWA: Dharamsala 1992

2. Tripathi, Ram Shankar: Bodhicaryāvatāra (in Hindi), Leh, 2002
3. Nagarjuna: Shes rab brgya pa zhes bya ba'i rab tu byed pa
4. S.K. Pathak (ed): Cānakya nīti (Ca na ka'i lugs kyi bstan bcos), Visva-Bharati

GE-03: INTRODUCTION TO TIBETAN BUDDHIST CULTURE

Topic:

1. The Precious Human Body
2. The Impermanence of Life
3. Taking Refuge
4. Bodhicitta
5. Compassion
6. Loving Kindness
7. Theory of Karma
8. Ten Virtuous Actions

Texts Recommended:

1. Patrul Rinpoche: Kun bzang bla ma'i zhal lung
2. H.H. the Dalai Lama: The Power of Compassion

Suggested Readings:

1. Patrul Rinpoche: Words of My Perfect Teacher
2. Gampopa: Dwags po thar rgyan
3. Sakya Pandita: Thub pa dgongs gsal
4. Lama Tsongkhapa: Lam rim chen mo

SEMESTER – IV

CC-08: CULTURAL HISTORY OF TIBET (LATER SPREAD OF BUDDHISM IN TIBET)

Texts Recommended:

1. Thu'u Kan Chökyi Nyima: grub mtha' shel gyi me long
2. Bu-ston Rinchen Drub: bu ston chos 'byung

Suggested Readings:

1. G.N. Roerich (tr.): Deb ther sngon po (The Blue Annals), Delhi: 1988 (Calcutta 1949)
2. Snellgrove, David & Hugh Richardson: A Cultural History of Tibet. Boston 1986
3. Tulku Thondup Rinpoche: Buddhist Civilization in Tibet, London: 1987
4. Obermiller, E.: Bu-ston. The History of Buddhism in India and Tibet, Delhi: 2005

CC-09: INDIGENOUS TIBETAN LITERATURE (POETRY)

Texts Recommended:

1. Sakya Pandita: Sa skya legs bshad, Chapter I

Suggested Readings:

1. Khenchen Sangyay Tenzin: Sa skya legs bshad kyi 'grel pa
2. Gungthang Tanpay Dronme: Chu shing bstan bcos

CC-10: BUDDHISTOLOGICAL TEXT (TEXTUAL STUDY)

Text Recommended:

1. Geshe Jamphel Samphel: Blo rig rnam bzhag nyer mkho phyogs bsdu
2. Dignaga: Nyāya Pravesh

Suggested Readings:

1. Geshe Lobsang Gyatso: Rigs lam che ba blo rig rnam bzhag nyer mkho kun btus
2. Sakya Paṇḍita: Tshad ma rigs gter
3. Tangyur (Peking Edition)
4. Sempa Dorjee: Nyāya Pravesh of Dignaga with Haribhadrasuri's Commentary and Tibetan Text, Bibliotheca Indo-Tibetica Series No. 6

SEEC-02: MIND TRAINING TEXT (BASED ON TIBETAN BUDDHISM)

Texts Recommended:

1. Dhammapada (Citta Varga)
2. Sakya Pandita: Zhen pa bzhi bral gyi gdams ngag

Suggested Readings:

1. Dhammapada: The Dalai Lama Tibeto-Indological Studies Vol. IV, Sarnath: CIHTS, 1982
2. Horkhang Sonam Palbar (ed), dGe 'dun chos 'phel gyi gsung rtsom
3. Sa pan kun dga' rgyal mtshan gyi gsung 'bum
4. Chegawa Yeshe Dorjay: Blo sbyong don bdun ma

GE-04: INTRODUCTION TO BUDDHISM

Texts Recommended:

1. Life of Gautama Buddha
2. H.H. the XIVth Dalai Lama: My Land and My People [Appendix-1(up to Mahayana)]

Suggested Readings:

1. P.V. Bapat (ed): 2500 Years of Buddhism

2. H.H. the Dalai Lama, (Trans. by Jeffrey Hopkins & Lati Rinpoche) *The Buddhism of Tibet and the Key to the Middle Way*, New York: Harper & Row
3. H.H. the Dalai Lama: *An Introduction to Buddhism*
4. Walpola Rahula (trans.): “Setting in Motion the Wheel of Truth” *Dharmacakrapravartana Sūtra*, *What the Buddha Taught*, Oxford: One World Publications.

SEMESTER – V

CC-11: INDO-TIBETAN BUDDHIST LITERATURE

Texts Recommended:

1. Nāgārjuna: bShes pa'i spring yig (Verse no. 21-41)
2. Atisha Dīpamkara: Bodhipatha Pradipam (byang chub lam sgron) (Verse 1-20)

Suggested Readings:

1. Suhllekha of Nāgārjuna with the commentary of Jetsun Rendawa, CIHTS, Sarnath, Varanasi, 1996
2. Nāgārjuna's Letter. LTWA, Dharamsala, 1995
3. Atisha Dīpamkara: Bodhipatha Pradipam (byang chub lam sgron) tr. by Lobsang Norbu Shastri, Sarnath: Central Institute of Higher Tibetan studies, Varanasi
4. Jamgon Lodoe Thaye: byang chub lam sgron rtsa 'grel. Sarnath, 1994.

CC-12: INDO-TIBETAN AVADĀNA LITERATURE

Texts Recommended:

1. Kshemendra: rTogs brjod dpag bsam 'khri shing (Chap.I)
2. Kshemendra: rTogs brjod dpag bsam 'khri shing (Chap. II)

Suggested Readings:

1. rTogs brjod dpag bsam 'khri shing (Avadāna-Kalpalatā): Dharamsala, 1986
2. Tangyur (Peking Edition)

DSE-01: INDIGENOUS TIBETAN LITERATURE (POETRY)

Texts Recommended:

1. Sakya Pandita: Sa skya legs bshad, Chap. II
2. Gungthang Tenpae Dronme: Chu shing bstan bcos (Chos kyi sarga)

Suggested Readings:

1. Khenchen Sangyay Tenzin: Sa skya legs bshad kyi 'grel pa, Dharamsala: TCPP
2. Gungthang Tanpay Dronme: Chu shing bstan bcos, Dharamsala: TCPP

DSE-02: INDO-TIBETAN POETICS**Texts Recommended:**

1. Daṇḍi: Kāvyaḍarśa (sNyan ngag me long), Chap. 1 (Verse No. 1-25)

Suggested Readings:

1. Mipham Geleg Namgyal: sNyan ngag me long gi 'grel pa dang dper brjod
2. Shiv Narayan Shastri: Daṇḍiracita Kāvyaḍarśa 'Prasādinī' hindī byākhyā sahit
3. C. Sankara Rama Sastri: Kāvyaḍarśa with English Notes and Translation

SEMESTER – VI**CC-13: INDO-TIBETAN LITERATURE (POETRY)****Texts Recommended:**

1. Udān Varga (Ched du brjod pa'i tshoms) (Verse 1-20)
2. Nāgārjuna: Lugs kyi bstan bcos ske bo gso ba'i thigs pa (Verse no. 1-20)

Suggested Readings:

1. Ched du brjod pa'i tshoms, Dharamsala: TCPP, 2008
2. Dhammapada: The Dalai Lama Tibeto-Indological Studies, Vol. IV, Sarnath: CIHTS 1982
3. Shastri, V. Bhattacharya: Bhotaparakasha, Calcutta University, Kolkata
4. Tangyur (Peking Edition)

CC-14: INDO-TIBETAN PHILOSOPHICAL LITERATURE**Texts Recommended:**

1. Shes rab kyi pha rol tu phyin pa'i snying po (Prajñāpāramitāhrdayasūtra)
2. Maitreyaṅāth: Theg pa chen po rgyud bla ma (Mahāyāna-Uttaratantra), (Verse No.1-28)

Suggested Readings:

1. Buddha Nature: The Mahayana Uttaratantra Shastra with Commentary, Snow Lion Publication 2000
2. *Theg pa chen po rgyud bla ma'i bstan bcos legs par bshad pa* (Mahāyāna-Uttaratantraśāstra-Subhāṣita), Kathmandu, Nepal
3. H.H. the Dalai Lama: Essence of the Heart Sutra (trans, & ed. by Geshe Thubten Jinpa) Boston: Wisdom Publications, 2005
4. Wayman, Alex: Secret of the Heart Sutra. New Delhi, 1990

DSE-03: TIBETAN LHAMO OPERA**Texts Recommended:**

1. rGyal po dri med kun ldan gyi rnam thar

Suggested Readings:

1. Dri med kun ldan gyi mdzad rnam, Bod ljongs mi dmangs dpe skrun khang, 2008
2. Chos kyi rgyal po dri med kun ldan gyi mdzad tshul rgyas pa mu tig phreng ba bzhugs so, Dharamsala: TCPP

DSE-04: LEXICOGRAPHY & THESAURUS**Texts Recommended:**

1. Amarsimha: Amarkosha (mNgon brjod 'chi med mdzod) (Prānivarga)
2. Sakya Pandita: Dag par byed pa sdeb sbyor rin chen rgya mtsho

Suggested Readings:

1. Satis Chandra Vidyabhusan: Amarkosha (Bi-lingual)
 2. Sakya Pandita: Dag par byed pa sdeb sbyor rin chen rgya mtsho
 3. Tangyur (Peking Edition)
 4. Jamyang Gyaltsan: mNgon brjod rgya mtsho'i chu thigs kyi 'grel pa mnga ris kham bu
-

