



**Department of Yogic Art and Science
Vinaya Bhavana
Visva-Bharati**

NOTICE

Resumption of Online 'Morning Yoga session'

This is for information of all concerned that, as desired by the authority for the 'Service to the Humanity' during the pandemic, the online morning Yoga session for the staff, students and their family members of the Visva-Bharati fraternity and others will be resumed on and from 19 July 2021 (Monday) except Sunday and other holidays.

Time – from 07:00am to 8.00am.

Zoom Meeting Joining link:

<https://zoom.us/j/97475427410?pwd=SGFkRkFuZGNNS2JCcUU1Z3BqZlIDUT09>

Meeting ID: 974 7542 7410

Passcode: yogic

All are requested to participate for their health and wellness and to make this mission a grand success.

17 July 2021

Prof. Samiran Mondal
Head
Department of Yogic Art & Science